

## SOTA 2019-20 WINTER COACHES ROSTER

Winter I Sports begin: Nov. 12th 2019

\*Modified Winter II Sports :

Starting date: Jan. 6th 2020



TEAM	COACH	PHONE #	PRACTICE SITE/TIME	Emails
Modified Girls Basketball	Paul Pittinaro	W: Ext 2510/C: 820-3841	#33 / 3:00-4:30 p.m.	<a href="mailto:paul.pittinaro@rcsdk12.org">paul.pittinaro@rcsdk12.org</a>
*Modified Boys Basketball	Paul Pittinaro	Winter II W: Ext 2510/C: 820-3841	#33/ 3:00- 4:30 p.m.	<a href="mailto:paul.pittinaro@rcsdk12.org">paul.pittinaro@rcsdk12.org</a>
JV Boys Basketball	Jeff LaFave	C: 269-4916	SOTA - 4:30-6:30	<a href="mailto:jeffery.lafave@rochester.rr.com">jeffery.lafave@rochester.rr.com</a>
Varsity Boys Basketball	Al Nash	C: 615-2489	SOTA - 2:30- 4:30	<a href="mailto:albert.nash@rcsdk12.org">albert.nash@rcsdk12.org</a>
JV Girls Basketball	Shenani Banks	C: 736- 1881	SWW / 3:30 -5:30 p.m.	<a href="mailto:mssrb33@gmail.com">mssrb33@gmail.com</a>
Varsity Girls Basketball	Ny Lewis	C: 709-7037	SWW / 3:30 -5:30 p.m.	<a href="mailto:xinlewis@gmail.com">xinlewis@gmail.com</a>
Indoor Track	Jalen Smith	C: 309-2376	Franklin / 3:30 -5:30	<a href="mailto:jalens822@gmail.com">jalens822@gmail.com</a>
Varsity Co-ed Swimming	Austin Nau	C: 857-5356	Freddie Thomas 3:15- 5:00	<a href="mailto:austin.nau@rcsdk12.org">austin.nau@rcsdk12.org</a>
Varsity Wrestling	Lem Rogers	C 284-0211	East /3:30- 5:30	<a href="mailto:lemuel.rogers@rcsdk12.org">lemuel.rogers@rcsdk12.org</a>
Varsity Bowling	Heidi Everling	C: 704-5793	Radio Social / 3:30-5	<a href="mailto:heidi.everling@rcsdk12.org">heidi.everling@rcsdk12.org</a>
Cheerleading	Nicole Robinson	W: Ext 2500	SOTA - 2:30-4:30 p.m.	<a href="mailto:nicole.robinson@rcsdk12.org">nicole.robinson@rcsdk12.org</a>
* Modified Coed Swimming	Mike Carey	Winter II W: 324-9289	Douglass Campus - 3:00- 5:00	<a href="mailto:michael.carey@rcsdk12.org">michael.carey@rcsdk12.org</a>
<b>Athletic Trainer</b>	<b>David DiPasquale</b>	Trainer <b>C: 370-2115</b>	<b>SOTA /East- 2:30 -7:00</b>	<a href="mailto:david.dipasquale@rcsdk12.org">david.dipasquale@rcsdk12.org</a>